## EQUIPMENT LIST FOR EN PLEIN AIR PAINTING WORKSHOPS

- A sketch pad & pencil.
- 3 x Oil/Acrylic painting brushes in a variety of sizes (long handled: filberts, long or short flats in sizes 2, 4, 6 are recommended) and a couple of pointed rounds in sizes 0 and 4, plus a rigger/half rigger for fine detail. The Ivory range of synthetic bristle brushes from Rosemary & Co are very good.
- A free-standing easel (table top easels only suitable if you also bring a table & chair).
- A fold-up chair if you prefer to sit when painting.
- A palette (for oils **large** sized Tear Off Palette Pads are ideal but a large wooden palette is also fine if you have one and prefer to use it.). For acrylics use a Stay-Wet Palette and have a mister spray to keep your paints moist (preferably filled with distilled water) working en plein air means your paints will dry out quickly.
- With traditional oils thinner: Artists Turpentine, Zest-It or White Spirit.
- With water soluble oils a jam jar/water plus a water-mixable medium.
- With acrylics a jam-jar/bottle of water plus a retarder/slow dry medium to extend the "open" time and help prevent a skin forming.
- A clip-on metal dipper to hold your thinner.
- A palette knife (trowel shaped sized between 30 and 50mm).
- **Good quality** Student Grade paints in oil or acrylic are ideal to use when starting out i.e. Daler Rowney System 3 (for acrylics) and Daler Rowney Georgian (for traditional oils). These are the colours I recommend you have for landscape painting (most available in student grade) but don't worry if you haven't got all of them: Titanium White, Naples Yellow Light, Cadmium Yellow, Lemon Yellow, Raw Sienna (or Yellow Ochre), Burnt Sienna, Burnt Umber, Alizarin Crimson, Cadmium Red, French Ultramarine, Cerulean Blue, Blue-Black, Olive Green and Paynes Grey.
- A couple of different shaped boards to paint on. No larger than 12" (30cm) on the longest side landscape or square format. Boards should be heavy card or MDF covered with **primed** cotton canvas with a medium grain/weave suitable for use with oil or acrylic paint (Universal Primed). Gerstaecker Canvas Boards from Great Art are great value, lightweight and hold the paint well. I will have a small supply of 7" x 5" canvas covered boards for students to purchase if they would like to try using a tinted acrylic gesso primed board. They will be priced at £1.50 each.
- Lint-free cotton rags (old t-shirts make ideal rags), kitchen roll (to wipe your brushes, hands and to clean your dipper) & Baby Wipes (great for cleaning hands).
- A painting apron/old shirt to protect your clothes (oil & acrylic paint stains do not come out easily).
- Two disposable carrier bags. One will be used to collect your waste (used paper towels, rags and palette paper) and if using oils the other will be needed to put your dirty brushes into at the end of the day (I can run through how you should clean your brushes once you are home to extend their useful life).
- A sun hat with visor, a high-factor sun cream and a cool, cotton long-sleeved shirt.
- A waterproof jacket.
- An umbrella (for shelter/shade from rain or sun).
- Dress in layers and wear comfortable/suitable shoes that you are happy to get muddy if the ground is wet.
- Drinking water.
- Cash for (where applicable) car parking, entrance fees and to buy lunch/drinks.

## Suggested art suppliers:

Jackson's Art Supplies, telephone 0844 499 8430 or 020 7254 0077 www.jacksonsart.com Great Art, telephone 08433 571 572, www.greatart.co.uk Cass Art, telephone 020 7619 2601, www.cassart.co.uk Rosemary & Co, telephone 01535 632666, www.rosemaryandco.com