

## Clam/Scallop Shell

Knit a single shell, or make two pieces which can be sewn together and stuffed. Single shells may need to be stiffened - block using diluted PVA glue.  
Stripes can be knitted, or use variegated sock wool.

### Materials:

- yarn
- wadding (only when knitting 2 pieces)



<b>Kfb:</b>	increase by knitting in front and back of stitch
<b>Pfb:</b>	increase by purling in front and back of stitch

USE NEEDLES 2 SIZES SMALLER THAN RECOMMENDED FOR THE YARN

Cast on 5 st

Row 1	Knit
Row 2	P1, Pfb, P1, Pfb, P1 (7 st)
Row 3	Kfb all stitches (14 st)
Row 4	Purl
Row 5	(K1, Kfb) 7 times (21 st)
Row 6	(K1,P1) 10 times, K1
Row 7	(P1, Kfb) 10 times, P1 (31 st)
Row 8	(K1, P2) 15 times, K1
Row 9	(P1, K2) 15 times, P1
Row 10	(K1, P2) 4 times, (Kfb, P2) 3 times, TURN, (K2, P2) 3 times K2, TURN, (P2, K2) 3 times, (P2, K1) 4 times (34 st)
Row 11	(P1, K2) 4 times, (P2, K2) 3 times, (P1, K2) 3 times, P1
Row 12	(K1,P2) 4 times, (K2, P2) 3 times, (K1, P2) 3 times, K1
Row 13	(P1, K2) 4 times, (P2, K2) 3 times, (P1, K2) 3 times, P1
Row 14	K1, P2, (Kfb, P2) 3 times, (K2, P2) 3 times, (Kfb, P2) 3 times, K1 (40 st)
Row 15	P1, (K2, P2) 9 times, K2, P1
Row 16	K1, (P2, K2) 9 times, P2, K1
Row 17	P1, (K2, P2) 9 times, K2, P1
Row 18	K1, (P2, K2) 9 times, P2, K1
Row 19	P1, (K2, P2) 9 times, K2, P1
Row 20	K1, (P2, K2) 9 times, P2, K1
Row 21	Cast off 1 ribwise (P,K), K1, (P2,K2) 9 times, P1 (39 st)
Row 22	Cast off 1 ribwise (K,P), P1, (K2,P2) 9 times (38 st)
Row 23	(K2, P2) 9 times, K2
Row 24	(P2, K2) 9 times, P2

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Row 25	Cast off 2 ribwise (KKP), P1, (K2, P2) 8 times, K2 (36 st)
Row 26	Cast off 2 ribwise (PPK), K1, (P2, K2) 8 times (34 st)
Row 27	(P2, K2) 8 times, P2
Row 28	(K2, P2) 8 times, K2
Row 29	Cast off 2 ribwise (PPK), K1, (P2, K2) 7 times, P2 (32 st)
Row 30	Cast off 2 ribwise (KKP), P1, (K2, P2) 7 times (30 st)
Row 31	(K2, P2) 7 times, K2
Row 32	(P2, K2) 7 times, P2
Row 33	Cast off 2 ribwise (KKP), P1, (K2, P2) 6 times, K2 (28 st)
Row 34	Cast off 2 ribwise (PPK), K1, (P2, K2) 6 times (26 st)
Row 35	Cast off 4 ribwise (PPKKP), P1, (K2, P2) 5 times (22 st)
Row 36	Cast off 4 ribwise (KKPPK), K1, (P2, K2) 4 times (18 st)
Row 37	Cast off 6 ribwise (PPKKPPK), K1, (P2, K2) 2 times, P2 (12 st)
Row 38	Cast off 6 ribwise (KKPPKKP), P1, K2, P2 (6 st)
Row 39	Cast off ribwise (KKPPKK)

### Blocking a single shell

Single shells need to be blocked to maintain a good shape.

Fasten in yarn ends. Make a firm rounded shape - any sort of cloth will do - and cover it with a plastic bag.

Stretch the shell over the "mold" and pin the edges, poking the pins down into the mold. Using 1 part PVA glue mixed with 4 parts water, dab the shell with a brush (a bit like stencilling). Leave to dry.

### Sewing Up (if 2 pieces are knitted)

Use **mattress stitch\*** to sew the edges from Row 21, round the base to Row 22.

Oversew stitch round the top edges (the cast off sections).

### \*Mattress stitch

RIGHT SIDES FACING - Pick up stitches, alternatively, from near the edge on either side, using a running stitch, pulling the thread firmly as you sew.