

Welcome to our newsletter

SEASON'S GREETINGS

As we wrap up another successful year in 2025 the committee, coaches and volunteers would like to extend their best wishes to you all. They wish you all the very best and look forward to seeing you all in 2026. Stay safe, keep smiling and look after yourselves.

CHRISTMAS TRACK CLOSURE

A reminder the track will close on Wednesday 24th December and reopen on Monday 5th January.

CLUB KIT SALE

Are you looking for one more gift for Christmas? We might be able to help as we have some beanie hats at £4. They are one size, warm & cosy with PANVAC on the front.

We also have some rain jackets for £15. The jackets have a mesh lining and are waterproof and remarkably warm, there's a hidden hood in the collar, 2 x pockets, the club logo on the front chest and PANVAC on the back. There are a variety of sizes available.

These will be available in the clubhouse all this week.

CAMBS CROSS COUNTRY CHAMPS

If you are thinking of entering the Cambs CC Champs, then you don't have long as the entries will close on 22nd December.

The race will take place on Sunday 4th January 2026 at Priory Park, St Neots PE19 1RF.

There are races for all age groups including U11, it would be great to continue the upward trend of having teams in each age group and probably coming home with medals.

To enter go to <https://entries.sublimetiming.com/race/49> where you will find all the details you need.

LINCS CROSS COUNTRY CHAMPS

The Lincs CC Champs will take place on Sunday 4th January 2025 at Biscathorpe, near Louth. This is the guaranteed route if you're looking to compete in the CAU CC Champs for Lincolnshire. Closing date is midnight Friday 2nd January.

U17s enter here - <https://www.race-results.co.uk/onlineentries/user/login.php?raceid=6005>

U20, Sen and vets enter here - <https://www.race-results.co.uk/onlineentries/user/login.php?raceid=6006>

SOUTHERN CROSS COUNTRY CHAMPS

This year's championship race which will be held at Beckingham Place Park, BR3 1SY on 24th January will be used as a selection for U20 men & women and senior men & women for the Inter-Area match which will take place at Parliament Hill on Saturday February 7th.

FOLKSWORTH 15

Entries are now open for the above event to be held on 18th January 2026 you can find all you need to know about this popular local event here: <https://folksworth15.org.uk/>

ST VALENTINES 30KM

Entries are now open for this race which will take place in Stamford on Sunday 15th February.

Further details can be found at <https://www.stamfordstriders.org/Pages/St-Valentines-30k>

IMPORTANT CHANGES TO PARKING

We have been informed that with immediate effect we will no longer be able to park inside of the track arena.

We have been advised to use are the Bishops Road/Lido car park, or the car park at the side of the old Regional Swimming Pool.

- Bishops Road/Lido car park; chargeable.

- Old Regional Swimming Pool car park; free after 4pm, but there is no lighting on the road to/from the track.

If you use the ORSP car park, we strongly advise that you wear light clothing and carry a torch. You can consider walking back to the main road and use the public footpath which is lit. We also urge you to consider not walking along the unlit road alone.

We urge everyone to drive slowly and be aware of pedestrians along this road section.

We understand that the council are cutting back the trees and will install lighting, but this work is not likely to be completed until the New Year.

We appreciate your understanding and co-operation during this transition. Thank you for helping to keep everyone safe.

SUMMER 2026 LEAGUE DATES

SOUTHERN ATHLETICS LEAGUE

Saturday 16th May @ PETERBOROUGH

Sunday 21st June @ Luton

Sunday 19th July @ St Albans

Saturday 8th August @ Dartford

If you are in the U17 + age groups, please put these dates in your diary and if you are an official, it would be great if you can make yourself available to help at these matches.

EAST ANGLIAN LEAGUE 2026

The dates for the above league are Sunday 19th April, Sunday 31st May, Sunday 12th July and Sunday September 20th for the Final.

As soon as venues have been we will inform everyone but, in the meantime please put these dates in your diary and do your best to be available to compete, officiate or volunteer to help.

5KM ROAD RACE SERIES 2026

The proposed dates for the 2026 5km road series are:

10th June @ Eye

24th June @ Ferry Meadows

8th July @ Werrington

22nd July @ Stamford

5th August @ Ferry Meadows

There will be chip timing again, and it is likely that the courses at Werrington and Stamford will be slightly changed to have a Start/Finish closer to each other.

Currently we anticipate a change in the younger age groups to align with the proposed England Athletics age groups. As soon as this is clarified we will let you all know.

SOUTHERN 2026 OUTDOOR CHAMPIONSHIPS

6th & 7th June - U20 / Senior Champs @ Bedford 6th & 7th June

27th & 28th June - U14 / U16 / U18 Champs @ Chelmsford

18th & 19th July - Combined Events Champs @ Horspath, Oxford

12th September - U20 / Senior Inter Counties @ Kingston

13th September - U16 / U18 Inter Counties @ Kingston

MEMBERSHIP FEES 2026/27

Following the AGM earlier in November we can report that as from 1st March 2026 the membership structure will be as follows:

Adults (Over 18) £100; Under 18, Over 60, Full time education, second claim members (those who belong to another club), track only use £90; Under 11 £50; Associate members £20.

Those members who train at Boston will receive a £20 discount to reflect the extra charges incurred there.

We still have a few committee vacancies, mainly for admin roles. If you can help in any way no matter how small, please let us know. The more people who help, the lighter the load for everyone.

WINTER CROSS COUNTY, INDOOR AND ROAD FIXTURES

CROSS COUNTRY

CAMBS CROSS COUNTRY CHAMPIONSHIPS

Sunday 4th January 2026 @ Priory Park, St Neots, PE19 1RF

Entries close on 22nd December 2025

Enter details: https://entries.sublimetiming.com/race/49?utm_source=chatgpt.com

LINCS CROSS COUNTRY CHAMPIONSHIPS

Sunday 4th January @ Biscathorpe, Near Louth

Entry details: U17s enter here - <https://www.race-results.co.uk/onlineentries/user/login.php?raceid=6005>

U20, Sen and vets enter here - <https://www.race-results.co.uk/onlineentries/user/login.php?raceid=6006>

NORTH MIDS CROSS COUNTRY LEAGUE

Saturday 10th January @ Nottingham

CAMBS SCHOOLS CROSS COUNTRY CHAMPS

Saturday 10th January @ Ely

FROSTBITE FRIENDLY LEAGUE

Sunday 11th January 2026 @ March

Sunday 1st February @ Bewsey Park

Sunday 1st March @ Huntingdon

LINCS CROSS COUNTRY SERIES

Sunday 18th January @ Doddington Hall (provisional)

U11, U13 & U15s enter here: <https://www.race-results.co.uk/onlineentries/user/login.php?raceid=59180>

U17, U20, Sen & Vets enter here: <https://www.race-results.co.uk/onlineentries/user/login.php?raceid=5979>

ENGLISH NATIONAL CROSS COUNTRY CHAMPS

Saturday 21st February 2026, Sedgfield, County Durham

CAU INTER-COUNTIES

Saturday 7th March 2026 @ Wollaton Park, Nottingham

INDOOR

SOUTH OF ENGLAND U13 / U15 / U17 CHAMPIONSHIPS

Saturday 10th & Sunday 11th January @ Lee Valley Stadium, Edmonton, N9 0AR

Saturday 10th -

U13: 60M, LJ, HJ (start height 1.20m for girls, 1.25m for boys), SP

U13/U15: 800m Heats (Finals on Sunday)

U15/U17: 60m, 60m Hurdles

Sunday 11th -

U13: 800m Final

U15/U17: 200m, 300m (U15B&G), 400 (U17M&W), 800m, LJ, SP

U15B: HJ (1.50m), PV (2.30m), TJ (9m/11m)

U15G: HJ (1.40m), PV (1.90m), TJ (7m/9m)

U17M: HJ (1.65m), PV (2.90m), TJ (11m/13m)

U17W: HJ (1.45m), PV (2.20m), TJ (9m /11m)

Entry on line at www.seaa.org.uk. Entries close 30th December

SOUTH OF ENGLAND U20 / SENIOR CHAMPIONSHIPS

Saturday 31st January & Sunday 1st February @ Lee Valley Stadium, Edmonton, N9 0AR

Saturday - **U20/Senior:** 60m, 60m Hurdles, LJ, SP

Sunday - **U20/Senior:** 200m, 400m, 800m

U20W: HJ (1.50m), PV (2.30m), TJ (9m / 11m)

U20M: HJ (1.70m), PV (3.40m), TJ (11m / 13m)

SW: HJ (1.55m), PV (2.70m), TJ (11m)

SM: HJ (1.80m), PV (3.80m), TJ (13m)

Entry on line at www.seaa.org.uk. Entries close 20th January

CAMBRIDGESHIRE SPORTSHALL FINAL

Sunday 1st February 2026 @ UAE Sports Park, Norwich NR4 7TJ

KEITH WARD INDOOR

Sunday 29th March @ King's Lynn.

RESULTS ROUND-UP

TELFORD 10km, Shropshire, 14th December

A handful of members travelled west for this prestigious road event. Ros Loutit came away with an age group win.

Men

224 Thomas Carlton 33:54; 347 Dan Lewis (M45) 35:25; 587 Alex Curtis 38:53

U20 men

15 Isaac Fell 34:02

W60

1 Ros Loutit 42:31