

# PETERBOROUGH & NENE VALLEY AC NEWSLETTER FEBRUARY 2020

## WELCOME ...

... to our second newsletter. We hope you are finding this useful. It is our intention to keep you up-to-date with everything that is happening with your club. If you have anything you'd like to be included then please speak to Elaine.

## National Cross Country Championships

Wollaton Park, Nottingham,  
Saturday 22<sup>nd</sup> February

### Timetable

U17 Women	5K	11.00
U15 Boys	4K	11.25
U13 Girls	3K	11.45
U17 Men	6K	12.05
U13 Boys	3K	12.30
U15 Girls	4K	12.45
U20 Women	6K	13.05
Senior Women	8K	13.35
U20 Men	10K	14.20
Senior Men	12K	15.00

Parking (£7 per car) is within the park on the grass. Parking is not allowed immediately outside of the park and this will be policed.

We hope to have the tent and flags there. Please let Lance Hemmings know if you are no longer able to run. Good luck everyone.

## MEMBERSHIP FEES

The membership year is March 1<sup>st</sup> to February 28<sup>th</sup>.

You can pay your fees from now.

### FEE STRUCTURE

Over 18	£65
U18 / O60 / FTE*	£55
U11	£40 (EA extra)
Associate	£10
Track only /2 <sup>nd</sup> -claim	£50

10% reduction for family of 4

(2 of which must pay full)

Boston-based members' fees reduced  
by £10 (£55/£45)

New membership forms are now  
available from the clubhouse on  
training nights.

\* in full time education

## STATISTICIAN UPDATE

We now have a statistician who will be trawling through results etc. and compiling our ranking lists.

Thank you to Andrea Chapman but she will still need your help. Please, when you compete in an event which isn't a league event let Andrea know (stats.panvac@btinternet.com) when and where and if you can give her a copy of the result, she will then be able to keep on top of the rankings.

## SAFETY WARNING CONTINUES

Once again, we would like to bring to everyone's attention that no-one under the age of 18 should be using any track equipment without the supervision of a qualified coach. If your coach is not present you should not be using any of the hurdles, starting blocks, field event implements.

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**Easyfundraising**

If you would like to help the club raise much valued funds one simple way is to use [easyfundraising.org.uk](http://easyfundraising.org.uk)

Turn your everyday shopping into **FREE** donations.

It is easy to use, just go to the website look for the retailer from a long list (Amazon, Secret escapes, Boots, Marks & Spencer, Carphone Warehouse, TUI, George, Ibis, Curry's, Top Shop to name a few) and carry on shopping. The donation varies from 0.5% to 5% depending on the retailer.

If you would like to use this for the first time let Elaine know and she can refer you as a friend and our club can earn up to £5 for doing so.

Last year we raised more than £1,000 using this site for doing what we all love doing best shopping.

**HARRIER LEAGUE**

The next league race will be held on Sunday 16<sup>th</sup> February at Lynchwood at 10.45am.

It a fast flat 5km course and you will be set off in a handicap style. It's only £1 to enter.

**PETERBOROUGH UNIVERSITY**

Many of you may have read about the City Council's plans to build a university. Rumours have been that the university would be built on the land of the track and swimming pool. Sport England has intervened and the track and swimming pool will be staying where they are.

The full plans can be seen in the Cathedral sometime during February.

**OFFICERS**

President	Ray Church
Chairman	Elaine Larkins
Vice Chairman	Tim Needham
Secretary	Kay Gibson
Treasurer	Barry Phillips
Membership Sec	Charlotte Lornie
Safeguarding	Mandy Phillips
New members	Fiona Chance
Boston Liaison	Andrea Chapman

**CROSS COUNTRY GLORY**

Congratulations and good luck to everyone who has been selected for this year's Inter-Counties on 7<sup>th</sup> March at Loughborough. And the English Schools' on March 14<sup>th</sup> in Liverpool.

**WANT TO GIVE THE  
'CHASE A GO?**

There will be a training session on April 11<sup>th</sup> (10-2) at West Suffolk Arena, Bury St Edmunds. Email [david.cripps7@outlook.com](mailto:david.cripps7@outlook.com) for more details.

**CROSS COUNTRY INVITE**

We have had invite from RAF Cranwell to compete against them on March 7<sup>th</sup>. This invite is for the U20 / U17 and U15 age groups male and female. If you are interested then speak to Lance Hemmings for more details.

**FUNDRAISING WORKING PARTY**

We are hoping to hold various fund raising events and are looking for a team of people who are willing to take on this vital role. The events can be by holding raffles, race nights, quizzes, bake offs, sponsored run-a-thons, the sky is the limit really. If you are interested in helping with this then please speak to anyone on the committee.



