

PETERBOROUGH & NENE VALLEY AC

NEWSLETTER MARCH 2020

London Vitality 10km

We have been lucky enough to be given 6 male and 6 female places in this year's race, which will take place on Monday 25th May. To be considered for a place you need to be over 15, registered with EA and a fully paid up club member. It has been decided to offer 3 places to the former PAC ladies relay team and 3 places to the former NVH masters relay team who competed in the 2019 National road relays. If you wish to be considered for a place then email paul.pnv@btinternet.com before March 15th.

MEMBERSHIP FEES

FEE STRUCTURE

Over 18	£65
U18 / O60 / FTE*	£55
U11	£40 (EA extra)
Associate	£10
Track only /2 nd -claim	£50
10% reduction for family of 4 (2 of which must pay full)	
Boston-based members' fees reduced by £10 (£55/£45)	

New membership forms are now available from the clubhouse on training nights. * in full time education

Recognition for Lydia

Congratulations to Lydia Church who has been identified by UK Athletics as having potential for selection for the Paralympic Games to be held in Tokyo this summer.

The 20-year-old was invited to compete in the Para World Championships in Dubai last November and it was following her performance there that she was included in the 16-strong list of potential athletes.

And to prove the selectors faith in her the Loughborough-based student recently comfortably won the shot with a distance of 10.92 in the BUCS Championships.

Before Tokyo Lydia could be selected for the World Para Athletics European Championships in Bydgoszcz, Poland in June.

Lydia is visually impaired and competes in the F12/T12 classification. Being part of the potential squad means she will receive some funding which will help towards travel to events and specialist coaching.

We all wish Lydia the best of luck for the future and look forward to watching her compete in the Para World Championships – no pressure Lydia ...

SPRING OPEN on 5th April

Entry forms are now available, closing date March 26th

DID YOU KNOW ...

The club has a training base in Boston, Lincolnshire, meeting twice a week at the outdoor track at the Princess Royal Sports Arena (PRSA).

The PRSA also benefits from an indoor 60m track, which is great in the winter! Around 15 regular athletes train twice a week from across the age groups, from U13's up to senior men and women, with a few more during the university holidays.

Athletes travel to train and compete from as far afield as Mablethorpe on the Lincolnshire coast and Louth on the Lincolnshire Wolds (both approx. 50 minutes north of Boston), with other athletes coming from across south Lincolnshire. All of these athletes have regularly represented NVH in the past at most of the EYAL and EAL events, as well as some participating in the Southern League, the North Mids Cross Country League, the Lincolnshire Track and Field Championships and the Lincolnshire Cross Country Championships.

A number of athletes have also represented NVH (and will continue to represent PANVAC) at various Humberside League open events. Athletes have also represented Lincolnshire and competed at English Schools for both track and field and cross country.

OFFICIALS' COURSE

There will be an officials' course at Peterborough on Saturday 29th March. If you are interested in attending then simply go to www.Englandathletics.org/officiating/officiating-journey/ and select which discipline you are interested in, and book yourself in. You pay the fee and the club will reimburse you.

HAMMER CAGE UPGRADE

Fingers crossed work on up-grading the hammer/discus circles and netting will commence on 23rd March. We are hoping disruption will be minimum but please take notice of any signs to keep off.

GREAT EASTERN RUN

Due to a clash of dates this year's GER will be on Sunday 18th October.

Easyfundraising

If you would like to help the club raise much valued funds one simple way is to use easyfundraising.org.uk
Turn your everyday shopping into **FREE** donations. It is easy to use, just go to the easyfundraising website look for the retailer from a long list (Amazon, Secret Escapes, ASOS, Boots, Marks & Spencer, Carphone Warehouse, TUI, George, Ibis, Curry's, Top Shop to name a few) and carry on shopping. The donation varies from 0.5% to 5% depending on the retailer. If you would like to use this for the first time let Elaine know and she can refer you as a friend of the club and then the club will earn up to £5 for doing so. Last year we raised more than £1,000 using this site for doing what we all love doing best shopping.

SCHOOLS' CHAMPIONSHIPS

Congratulations and good luck to the following who have been selected to compete in the English Schools' on March 14th in Liverpool.

GIRLS

Lincs

Aofie Glasswell, Charlotte Cullen, Flo Brill, Molly Peel, Ellie Rainbow

Cambs

Chelsie Bole, Hannah Knight, Katie Tasker

Northants

Elizabeth Eames

BOYS

Lincs

Sam Oakley, Sam Hughes, Matt Dowling, Johan Coughlan, Harry Hewitt, Edward Linsdell, Ted Ash, Sam Staines

Cambs

Kai Chilvers, Owen Wilkinson

INTER-COUNTIES CHAMPIONSHIPS

We also have around 30 club members who have been selected for the Inter-County Championships on March 7th in Loughborough.

This is a fantastic achievement, well done and good luck to everyone.

CLUB OFFICERS

President	Ray Church
Chairman	Elaine Larkins
Vice Chairman	Tim Needham
Secretary	Kay Gibson
Treasurer	Barry Phillips
Membership Sec	Charlotte Lornie
Safeguarding	Mandy Phillips
Boston Liaison	Andrea Chapman

COMPETED IN AN OPEN MEETING ?

If you have competed in an open meeting recently don't forget to let Andrea Chapman know so she can include your results in the club rankings. You can send your result to her at (stats.panvac@btinternet.com) include when and where and if you can give her a copy of the result, she will then be able to keep on top of the rankings.