CAMBRIDGESHIRE SPRING GRADED MEETING
SUNDAY 7TH APRIL 2019 – EMBANKMENT TRACK

ENTRY FORM – NVH ATHLETES

• Please use this form if you want to enter the above event.
• Forms can be handed in to the Peterborough AC refreshments team on a Tuesday or Thursday
• Please complete your details in the boxes below. The appropriate fee shown must be enclosed when you hand in your entry form. NO FEE, NO ENTRY. Cash or cheques payable to Peterborough AC please.

<table>
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<tr>
<th>Name</th>
<th>Date of birth</th>
<th>Email address</th>
<th>Club</th>
<th>Event 1</th>
<th>Event 2</th>
<th>Event 3</th>
<th>Event 4 (U20s and above only)</th>
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<td>NVH</td>
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EVENTS 80m, 100m, 200m, 300m, 600m, 800m, 1500m, Sprint Hurdles, 300/400mH, High Jump, Long Jump, Triple Jump, Pole Vault, Shot, Discus & Javelin.

COSTS First event £4.00 then each subsequent event £2.00 each.

Restrictions
• Minimum three trials each in LJ, TJ, SP, JT & DT (more if entries allow).
• U11s can only compete in three events from SP, LJ, 80m & 600m.
• U13s, U15s and U17s – max three events. 800m or 1500m, not both.
• U13s and U15 cannot run 400m or 400mH.
• U13s may not do TJ.
• 80m and 600m is only for U11s. No other ages permitted.
• Ages as of 31st August 2019.
• Only members of Cambridgeshire clubs are permitted to compete.

CLOSING DATE – TUESDAY 2nd APRIL
NO LATE ENTRIES WILL BE ACCEPTED
NO ENTRIES ON THE DAY

SEE PAC NOTICEBOARD, FACEBOOK OR WWW.PETERBOROUGH-AC.ORG.UK FOR PROVISIONAL TIMETABLE