

CAMBRIDGESHIRE SPRING GRADED MEETING SUNDAY 7TH APRIL 2019 – EMBANKMENT TRACK

ENTRY FORM – NVH ATHLETES

- Please use this form if you want to enter the above event.
- Forms can be handed in to the Peterborough AC refreshments team on a Tuesday or Thursday
- Please complete your details in the boxes below. The appropriate fee shown must be enclosed when you hand in your entry form. **NO FEE, NO ENTRY.** Cash or cheques payable to Peterborough AC please.

Name	Date of birth	Email address	Club	Event 1	Event 2	Event 3	Event 4 (U20s and above only)
			NVH				
			Expected performance				

EVENTS 80m, 100m, 200m, 300m, 600m, 800m, 1500m, Sprint Hurdles, 300/400mH, High Jump, Long Jump, Triple Jump, Pole Vault, Shot, Discus & Javelin.
COSTS First event £4.00 then each subsequent event £2.00 each.

Restrictions

- Minimum three trials each in LJ, TJ, SP, JT & DT (more if entries allow).
- U11s can only compete in three events from SP, LJ, 80m & 600m.
- U13s, U15s and U17s – max three events. 800m or 1500m, not both.
- U13s and U15 cannot run 400m or 400mH.
- U13s may not do TJ.
- 80m and 600m is only for U11s. No other ages permitted.
- Ages as of 31st August 2019.
- **Only members of Cambridgeshire clubs are permitted to compete.**

CLOSING DATE – TUESDAY 2nd APRIL

NO LATE ENTRIES WILL BE ACCEPTED

NO ENTRIES ON THE DAY

SEE PAC NOTICEBOARD, FACEBOOK OR WWW.PETERBOROUGH-AC.ORG.UK FOR PROVISIONAL TIMETABLE