

Senior Men

Event	Name	Time, Height, Distance	Date	Venue	Competition
60m H (i)	Jack Wheatley	8.49	22/02/25	Birmongham	UK Indoor Champs
110m H	Jack Wheatley	15.3	22/06/25	Luton	SAL
400m H	Sean Reidy	57.14	09/07/22	Horspath	SOA Inter counties
60m (i)	Sean Garmory	7.15	20/02/22	Gateshead	Open
100m	Joel Grenfell	11.00	03/07/22	Cambridge	EAL
200m	Sean Garmory	22.53	28/08/21	Bedford	NAL
200m (i)	James Marsh	23.11	04/02/23	Sheffield	Open
400m	Archie Rainbow	50.06	03/04/22	Peterborough	Open
400m (i)	Joe Prince	51.32	08/02/23	Sheffield	Open
800m	Archie Rainbow	1.53.26	12/05/21	Birmingham	Open
800m (i)	David Brown	2.06.8	23/03/25	Gainsville	Masters World Champs
1500m	James McCrae	3.54.98	25/07/21	Chelmsford	NAL
1500m (i)					
3000m	Nathan Bunting	8.41.3	03/04/25	Peterborough	Open
3000m (i)	Ewan Davidson	8.42.51	03/01/20	Glasgow	BMC
5000m	Alex Gibb	14.52.95	04/07/25	Parliament Hill	Open
10000m	Nathan Bunting	31.06.07	18/05/24	Parliament Hill	Open
2000m S/C	Ollie Bowling	6.48.7	16/07/22	Bracknell	SAL
3000m S/C	Daniel Lewis	10.35.7	17/05/25	Peterborough	SAL
4 x 100m		45.3	14/08/21	Peterborough	SAL
4 x 400m		3.26.52	07/08/21	Chelmsford	NAL
Pole Vault	Angus Bowling	4.51	13/07/25	Eltham	SAL
Pole Vault (i)	Angus Bowling	4.43	16/02/25	Sheffield	BUCS Indoors
High Jump	Dylan Phillips	2.02	19/07/24	Birmingham	Englnad Senior Champs
High jump (i)	Dylan Phillips	1.87	14/01/24	Loughborough	Open
Long Jump	Joel Grenfell	7.17	29/06/24	Cambridge	Eastern Champs
Long Jump (i)	Joel Grenfell	6.75	03/02/24	Lee Valley	Southern Champs
Triple Jump	Nathaniel Amaoade	13.54	11/01/20	Loughboough	Open
Triple Jump (i)	Alastar Phelan	9.92	30/11/24	Lee Valley	Open
Javelin	Dan Lornie	52.37	03/09/22	Moulton	Open
Discus	Mindaugas Jurksa	44.53	15/09/22	Peterborough	Open
Shot Putt	7.26kg Mindaugas Jurksa	15.93	06/03/22	Nuneaton	Open
Shot Putt (i)	7.26kg Donovan Capes	14.08	16/02/24	Gunnison USA	Open
Hammer	Simon Achurch	42.14	27/09/20	Peterborough	Open
Triathlon					
Pentathlon	David Bush	2,499	22/09/24	Peterborough	Eastern Combined
Pentathlon (i)					
Heptathlon					
Decathlon					