

Covid-19 - general statement

All persons are responsible for their own wellbeing both during a Gay Gordons' event and when travelling to/from the event. You must also consider the wellbeing of others and you are encouraged to participate in available vaccination programmes. If you are in a vulnerable medical category please take suitable precautions and consider whether it is appropriate to attend an event in your personal circumstances.

Covid-19 protocol for the Gay Gordons' Classes at Mary's, Upper Street, Islington

1. **Social distancing requirements**

- a. **face coverings** (eg mask or visor) **must be worn** at all times when entering, in the hallway and in the common parts of the building unless you are unable to do so (for example due to a medical condition);
- b. you **must not congregate, linger or socialise** in the corridor leading to the Sports Hall which is in use for other events in the building. If you arrive early you should remain outside the building until access to the Sports Hall is possible. Late arrivals can use the entry phone system at the door of the building to arrange admission;
- c. face coverings are voluntary within the Sports Hall however when not dancing you should maintain the minimum appropriate distance from other attendees (the recommended distances are 2m without a face covering and 1m wearing a face covering).

2. You **must minimise contact** transmission.

- a. Sanitise hands on arrival, departure and at intervals during the event; attendees are encouraged to bring their own sanitiser. (Hand sanitiser is available at the entry to the building and within the Sports' Hall.)
- b. Bring any water required for your personal use. (Water bottles can be refilled from the water fountain in the corridor but attendees must not drink directly from the fountain.)
- c. Minimise use of the toilet facilities at Mary's and utilise the hand washing facilities.
- d. Avoid unnecessary physical contact with surfaces at Mary's.

3. You **must not attend** a Gay Gordon's event if, within the prescribed period, you

- a. have symptoms of Covid-19 but have not been tested;
- b. have received a positive test result for Covid-19;
- c. have been instructed to self-isolate by eg the NHS; or
- d. are subject to a legal requirement to quarantine or isolate (for example following overseas travel or a local restriction where you live)

The prescribed period is the time currently specified on the NHS "How Long to Self-Isolate" website page or other applicable UK Government Guidance. This can vary depending upon the individual's circumstances such as vaccination status, history of testing and geographic movements.

4. You **must leave** if you begin to feel unwell during an event.

5. You **must tell us** if you become ill with symptoms of Covid-19 within two days after attending an event, obtain a Covid-19 test and notify us of the results of the Covid-19 test as soon as is practicable.

6. You **should take a Covid-19 test** within the 24 hour period prior to the event (eg a rapid lateral flow test) if you are not part of a regular testing programme (eg related to your employment). If the test is positive, you must not attend the event within the prescribed period (see 3 above).

7. You **are requested** to scan the event QR code using the NHS Track and Trace app or provide your name and telephone number. By providing this information at an event you consent to a variation of the normal Gay Gordons' privacy policy entitling us to share your data with NHS Test and Trace; data will not be used for any other purpose.

8. **Payment** is with a contactless card at the event or in cash (NO CHANGE WILL BE GIVEN). If you prefer to pay using a bank transfer please let us know and the necessary details will be provided.

The Gay Gordons wish to make Scottish Country Dancing accessible to all. Please let us know if any requirement is preventing your participation and you have a suggestion to avoid this whilst preserving the safety of other participants.